

Drug addiction: How can you help?

If you child is using drugs, remember he/she has to count on your help. Nobody is more precious than parents to tackle and solve this problem.

Try to talk to your child and do not reprimand him/her. By winning his/her trust you can learn more about what is actually happening.

If your suspicions prove well-founded, keep your head and try not to give him/her a lecture.

Ask public agencies how to start up a rehab program. Try to get as much information as possible on the people your child is going out with and the places he/she is hanging around, on who is pushing drugs to him/her, etc.

21/03/2011